

Adult Religious Education
2006–2007 Annual Report

Committee Members: Bob DeVoe, Chair; Glee Noble, Rob Hongen, Chris Haynes, Kevin Woodruff, Stephanie Kimball; Ministerial Liaison: Rev. Emily Manvel Leite, Board Liaison: Karen Jewel

Meetings: The Committee met in July, September, October, November, December, January, February, and April; its final meeting will be in June. Our principal activities were

- a) Soliciting, selecting, monitoring and evaluating courses covering a wide range of topics of interest to UU members.
- b) Choosing and running film shows of movies with spiritual and social justice content.

Fall 2006 Classes (deadline for submissions was August 1)

- 1) Welcoming Congregation – Refresher Course; facilitated by Phil Cooper (7 sessions)
- 2) In Search of the Great Maybe: A discussion of answers to difficult religious questions; facilitated by Hugo Kunoff (4 sessions)
- 3) Harvest for Hope: A Guide for Mindful Eating, based on Jane Goodall's book, *Harvest for Hope*; Facilitated by Rev. Mary Ann Macklin (5 sessions)
- 4) Unplug the Christmas Machine: Increase the joy and decrease the stress of Christmas; facilitated by Rev. Emily Manvel Leite and Stephanie Kimball (1 session)
- 5) Patient Power: How to Get the Best Available Medical Care; facilitated by John Woodcock (3 sessions)
- 6) Vivaldi's Gloria: Musical and Historical Context; facilitated by Susan Swaney (1 session)
- 7) Ideas for A Tardy Millennium: accepting uncertainty as a creative force; facilitated by David Keppel, with Sally Todd, Rev. Mary Ann Macklin, and Rev. Bill Breeden (6 sessions)

Spring 2007 Classes (deadline for submissions was November 30)

- 1) Welcoming Congregation – Refresher II; facilitated by Phil Cooper (7 sessions)
- 2) Run until One Hundred: Why Not?: discussions of findings in the last decade on plant based nutrition and nutraceuticals; facilitated by Al Strickholm (6 sessions)
- 3) Talking About Islam: What do we know about Islam, and what do we want to know? Facilitated by Maryah Converse (4 sessions)
- 4) The Poetic Cinema of Andrei Tarkovski: showing and discussion of 3 films; facilitated by Matthias Weber
- 5) Spiritual Practices: Study of prayer, fasting , meditation and other forms of spiritual practice; facilitated by Rev. Bill Breeden (1 session)
- 6) Compost to Cosmos: the Organic, Orgasmic and Ecstatic Interdependent Web; facilitated by Tom Wilson (6 sessions)

Spiritual Film Series Potluck pitch-in dinners are followed by film and discussion. The permit to show films, paid for by the ARE Committee, can be use by other church groups.

September 9: Bill Breeden's *Times of the Signs*

October 14: *Wings of Desire* (set in Berlin)

November 11: *Harold and Maude* (Life/hope in the midst of the dying years)

January 13: *Kinsey*

February 10: *The World* (set in Beijing)

March 10: *The River* (French, spring beauty)

April 21: *The Laramie Project* (30 people from 3 churches attended: the UU Church, United Methodist and the United Church on 3rd St).